

**Table 2C**  
**2003 Pediatric Nutrition Surveillance** <sup>(1)</sup>  
**California**  
**Summary of Health Indicators**  
**Children Aged < 5 Years** <sup>(2)</sup>

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| <b>Summary of Health Indicators</b> <sup>(3)</sup> |               |                          |      |  |      |
|--|---------------|--------------------------|------|--|------|
|  |               | California<br>Prevalence |      | National<br>Prevalence<br>(Prior Year) |      |
|  |               | Number                   | %    | Number                                 | %    |
| Birthweight (4)                                    |               |                          |      |  |      |
| Low  | < 2500 g      | 166,630                  | 7.1  | 1,208,400                              | 8.9  |
| High   | > 4000 g      | 166,630                  | 8.6  | 1,208,400                              | 7.6  |
| Height and Weight                                  |               |                          |      |  |      |
| Short Stature (5)                                  | < 5th         | 871,685                  | 4.9  | 4,913,316                              | 6.3  |
|  | < 10th        | 871,685                  | 8.5  | 4,913,316                              | 11.1 |
| Underweight (6)                                    | < 5th         | 871,685                  | 5.4  | 4,913,316                              | 5.4  |
|  | < 10th        | 871,685                  | 8.8  | 4,913,316                              | 8.9  |
| Overweight (6)<br>≥ 2 Yrs Overweight (6)           | ≥ 95th        | 871,685                  | 16.2 | 4,913,316                              | 13.5 |
|  | 85th - < 95th | 344,384                  | 16.2 | 2,069,605                              | 15.4 |
|  | ≥ 95th        | 344,384                  | 17.6 | 2,069,605                              | 14.3 |
| Anemia (7)   |               |                          |      |  |      |
| Low Hb   |               | 449,447                  | 14.4 | 2,927,902                              | 13.6 |
| Low Hct  |               | 78,714                   | 9.4  | 517,030                                | 10.7 |
| Low Hb/Hct   |               | 500,508                  | 13.7 | 3,295,974                              | 13.1 |
| Breastfeeding (8)                                  |               |                          |      |  |      |
| Ever Breastfed                                     |               | 0                        | *    | 969,228                                | 52.5 |
| Breastfed At Least 6 Months                        |               | 0                        | *    | 527,765                                | 20.8 |
| Breastfed At Least 12 Months                       |               | 0                        | *    | 555,990                                | 12.3 |

(1) Reporting period is January 1 through December 31.

(2) Analyses based on one record per child.

(3) Excludes records with unknown data or errors.

(4) Infants born during the reporting period included in the analysis.

(5) Based on 2000 CDC growth chart percentiles for length-for-age for children under 2 years of age and height-for-age for children 2 years of age and older.

(6) Based on 2000 CDC growth chart percentiles for weight-for-length for children under 2 years of age and BMI-for-age for children 2 years of age and older. 85th - < 95th percentile category identifies children at risk of overweight.

(7) Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

(8) Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

Table 2C  
**2003 Pediatric Nutrition Surveillance** <sup>(1)</sup>  
**California**  
**Summary of Health Indicators**  
**Children Aged 5 to <20 Years** <sup>(2)</sup>  
**Standard Year (School Age Coding)**

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| Summary of Health Indicators <sup>(3)</sup> |               |                       |      |                                  |
|---|---------------|-----------------------|------|----------------------------------|
|   |               | California Prevalence |      | National Prevalence (Prior Year) |
|   |               | Number                | %    | Number %                         |
| Height and Weight                           |               |                       |      |                                  |
| Short Stature (4)                           | < 5th         | 512,204               | 6.4  |                                  |
| Underweight (5)                             | < 5th         | 512,204               | 2.6  |                                  |
| Overweight (5)                              | 85th - < 95th | 512,204               | 18.4 |                                  |
|   | ≥ 95th        | 512,204               | 21.7 |                                  |
| Anemia (6)                                  |               |                       |      |                                  |
| Low Hb                                      |               | 411,870               | 12.9 |                                  |
| Low Hct                                     |               | 62,772                | 11.8 |                                  |
| Low Hb/Hct                                  |               | 448,437               | 12.7 |                                  |

(1) Reporting period is January 1 through December 31.

(2) Analyses based on one record per child.

(3) Excludes records with unknown data or errors.

(4) Based on 2000 CDC growth chart percentiles for height-for-age.

(5) Based on 2000 CDC growth chart percentiles for BMI-for-age. 85th - <95th percentile category identifies children at risk of overweight.

(6) Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.